



Editorial

Dear Readers,

St. Karen's aims to create a supportive and inclusive environment that provides equal opportunity to all the students to **explore, express and excel**. God has gifted every child uniquely and made them capable of performing various tasks. **The ancient Greek philosopher Socrates believed that God has infused different talents in every individual therefore it is every individual's responsibility to discover those talents.** Keeping this goal in mind, we provide various opportunities to our young students where they can discover their talents and hone their skills. Writing in this newsletter is one such opportunity because through this they develop the art of writing.

In this second issue of **In Tune**, you shall find various activities done by our students on **Environment Day, Father's Day, International Day of Yoga, Doctors Day, Van Mahotsav, Reading Activity Day** and so on. Other than these activities it also includes few articles and artwork of our budding artists who have made an attempt to describe these events beautifully. We hope that everyone who flips through the pages of this newsletter shall get some inspiration and gain some knowledge.

In Tune is a collective effort of our management, teachers, students and parents. Without the unconditional support of all these people this would not have been possible. Our team expresses our gratitude especially to our dear parents and students. We wish you all, good health and happiness.

Best Wishes!

St. Karen's Secondary School, Patna

From the

Principal's Desk

Dear Parents and Guardians,

With great pride, we bring out the second issue of our e-newsletter In Tune. This is the result of an earnest endeavour of our teachers and the Editorial Board in showcasing the talents of our students even in these difficult times.



The upcoming world is full of challenges. To enhance competence and confidence in the students to meet the challenges that lie ahead, it becomes the collective responsibility of all of us to introduce to them various ongoing developments and discoveries in different parts of the world. So that they may withstand when they come across the challenges of life. To bring about awareness, we observe important days announced by the national and international bodies through which students get an opportunity to perform various activities.

In Tune does the work of a mirror which reflects various activities undertaken by our students which help in the holistic development of our budding stars.

Activities conducted in the school unveil the hidden talents of our students. The ongoing pandemic permitted a new interaction among the teachers and students. Yet they did not let it become a barrier, rather they came up with creative ideas. Their continuous efforts have brought this work to the table. I congratulate the editorial board, staff and the students who have played a wonderful role in accomplishing this task.

With Best Wishes!



Co-curricular Activities

Music: An Emotion

World Environment Day

Father's Day

International Day of Yoga

Nan Mahotsav

Doctor's Day

Reading Activity

Art at its Best

"Music is the language of the spirit. It opens the secret of life bringing peace, abolishing strife".-- Kahlil Gibran

Music: An Emotion



"Songs are not there to amplify your emotions, they are an emotion itself."

-Anonymous

As long as I can remember, I have always found myself fascinated by those who could play the guitar or piano or sing in public. I felt that they knew how to do something so mesmerizing. As I grew up, I heard songs everywhere and even sang a bit off-key here and there but I was never obsessed with them.

The year 2020 came with a lot of uncertainties. There were new methods to cope with a new normal. I started feeling a bit frustrated. Even when I like being at home with my books, I found myself infuriated by what was going on around us due to the pandemic. Many questions were reeling in my head. But that is when music found me.

I remember how my brother had me hooked on an English song I had never heard before, 'Born for this' by 'The Score'. The lyrics were inspirational, from someone who wouldn't give up, and most of all magical.

After that, there was no stopping for me. I searched for more songs; old or new, I didn't care. I just heard them. And then I found that I was happier and more cheerful. I started feeling positive. Often, I heard about people becoming victims of depression as a result of being locked inside their homes and stressed due to many other factors. But that phase never found me, because I had a very powerful tool called music.



Continued...

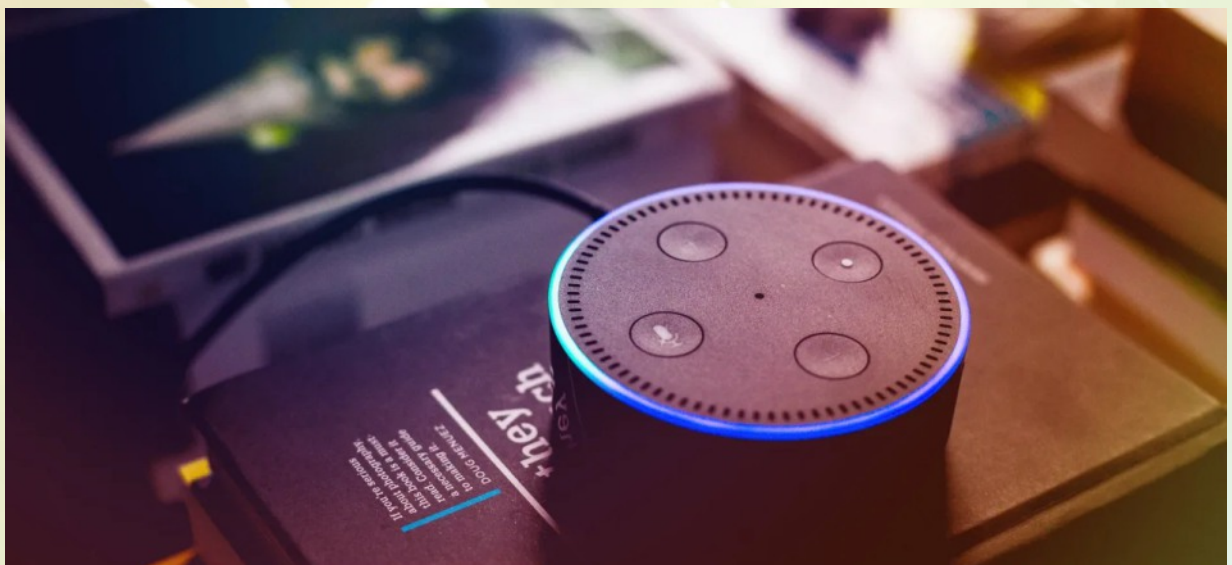
To promote this value, 21st June is celebrated as **Fête de la Musique**, or as it is known World Music Day. Initially it started in France to make music popular in society. However, given its therapeutic effect on the human mind, body, and soul, World Music Day currently has participation from over 120 countries in various forms such as galas, festivals, and performances celebrating the songs and rhythms of life. It has a prestigious place for both amateur musicians as well as professional ones. The power of music can also be understood by the fact that during this pandemic, many doctors used this therapy to help patients. Surprisingly most of them recovered faster and felt better after the initial treatment.

But do you know the best part of it? There is no dearth of music. There are songs that make you cry, some that console your soul, some that make you happy, some that make you dance crazily, and some that tell you that all your patience and hard work is worth it. And this year was special because our music artists didn't take a break even in this pandemic. They kept releasing new albums and songs for the world to hear and get inspired and it became an anchor for me. Hence no one can fail to consider the beauty of music.

"Alexa, play 'One Day at a Time' by Marilyn Sellars."

Utkarshini Singh

Std. 12 B

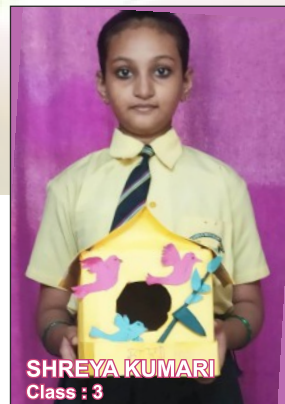


World Environment Day

*“Save now, earn later.
Be aware now, for a better future.”*

World Environment Day is celebrated every year on 5th June. This day is observed **to raise global awareness to take eco-friendly steps** to protect nature and the planet Earth. This year St. Karen's Secondary School, Patna, celebrated a virtual World Environment Day on 5th June 2021 to mark the importance of greenery around us.

Students of Std. 1, 2 & 3 were involved in various activities like **making beautiful creatures out of leaves, headbands with picture of a smiling Planet Earth and a house for birds**. To add more colour to the day a **'best out of waste'** activity was conducted for the students of Std. 4 & 5. They used waste material to showcase their creativity and made beautiful decorative items from old newspapers along with the students of Std. 5 who made bags with old T-shirts.



Continued...

This event witnessed extraordinary vocal skills from our school music club, which presented the song, “**Hum Yahin Jiyenge**”. Any form of human expression is incomplete without poetry, hence Maaz Ali's remarkable soliloquy, 'The Walk' made the event mesmerizing. Drama is a very effective tool for propagating a message, a skit on 'Chipko Andolan' sent a very strong message, highlighting the importance of trees, as did another skit, 'Karma'. The event included the fabulous dance performances; contemporary dance by Shambhavi, to the beats of Michael Jackson's 'Earth Song' and freestyle dance by Amrita Kishore with a theme of reducing plastic usage.

An engaging PowerPoint presentation was created by Saurabh Singh, suggesting ways to protect the environment during the lockdown. Lastly this environment day celebration ended with the national anthem, sung by Bhumi. This event was a reminder of the unbeatable human spirit. Even a pandemic couldn't break our resolve for a better environment. We will continue to raise awareness for this cause.

Click on the link to watch the video: [Hum Yahin Jiyenge](#)



“Great men are not born, but molded by their fathers and their fathers before them, without them it's like telling someone what water feels like before they've ever swum in it”.

Father's Day

“The quality of a father can be seen in the goals, dreams and aspirations he sets not just for himself, but for his family”

Father's Day is celebrated honouring fathers and celebrating fatherhood, paternal bonds, and the influence of fathers in the society.

The students of St. Karen's Secondary School, Patna, celebrated Father's Day on 20th June, 2021 virtually. All the students expressed their gratitude towards their fathers for all their love and support. On this day many students displayed their creativity by making beautiful bookmarks for their fathers. Whereas others made beautiful cards in honour of their father. They were also asked to click a photograph with their fathers while giving them the greeting card or any other gift.

HAPPY FATHER'S DAY

DAD
WE ❤️ YOU

AYAN RAJ

AMRITESH ANAND

DIVYESH

APURAV UTSAV

DHEERA KUMAR

ASHISH KUMAR

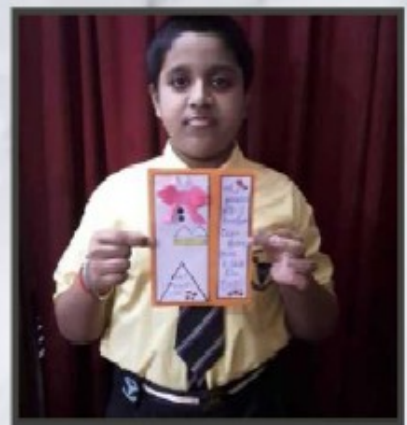
Hugs and love for the big guy from his loving daughter and son who owe him so much

Continued...

All the students celebrated this special day with their fathers with great love and acknowledged their father's love for them. Many Parents appreciated the efforts of the school for this unique idea of involving parents in this activity.



TEJASWINI



PRIYANSHU

Dad

together we have everything



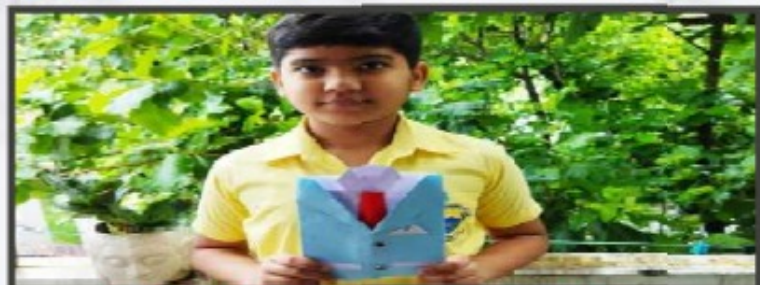
AYESHA PARVEEN



SHRESTHA



ASFIYA



ATULYA ANAND



“Yoga is a journey of the self, through the self, to the self.”

The word “Yoga” essentially means, “that which brings you to reality”. It means to move towards an experiential reality where one knows the ultimate nature of one's existence, the way it is made. June 21st is celebrated as the International Day of Yoga all over the world.

Despite celebrations being quite different this year, our students have been simply incredible and have gone above and beyond expectations. St. Karen's Secondary School, Patna, celebrated International Day of Yoga on 21st June 2021 virtually.

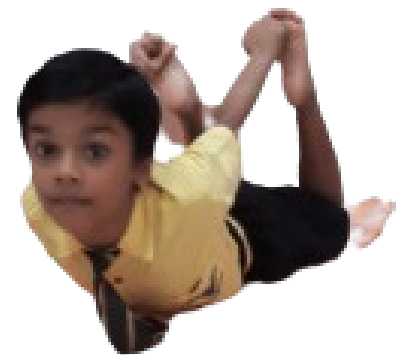
All students of standard 1-12 participated in the virtual yoga day. Our yoga guide instructed the students and helped them perform various asanas such as kapalbhati, shirshasana, suryanamaskar, pranayama and so on. These asanas energized the students and filled them with zeal. On the other hand chanting of *Om* filled them with calmness and peace. All the participants demonstrated various asana exquisitely. Everyone lauded the efforts of the students. It was indeed a day full of energy and activities.



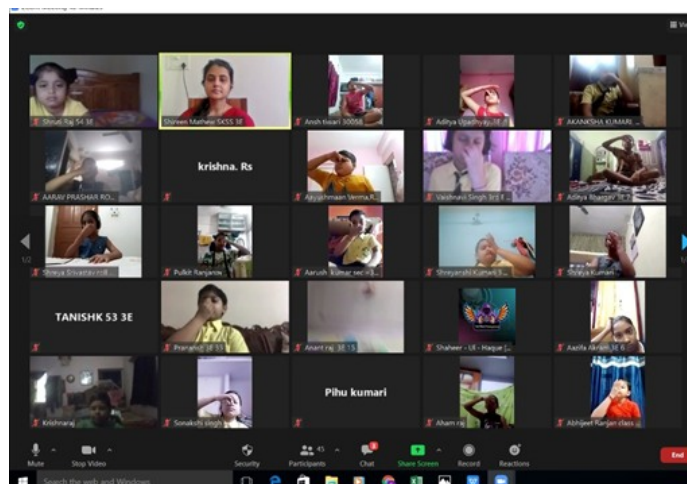
Arjun Singh
Std. 2 E



Anika Sinha
Std. 2 D



Harsh Kumar Std. 2 E



Yoga Day Virtual Celebration

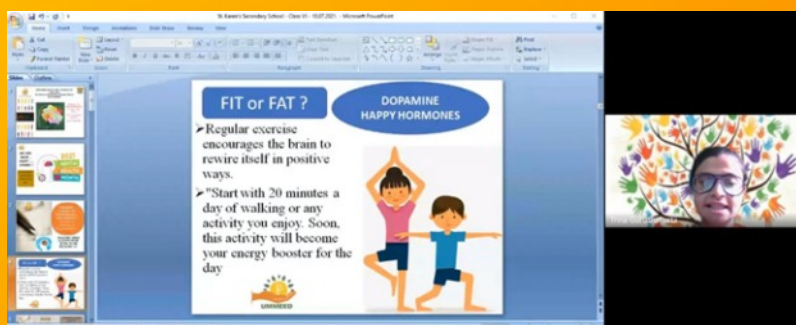
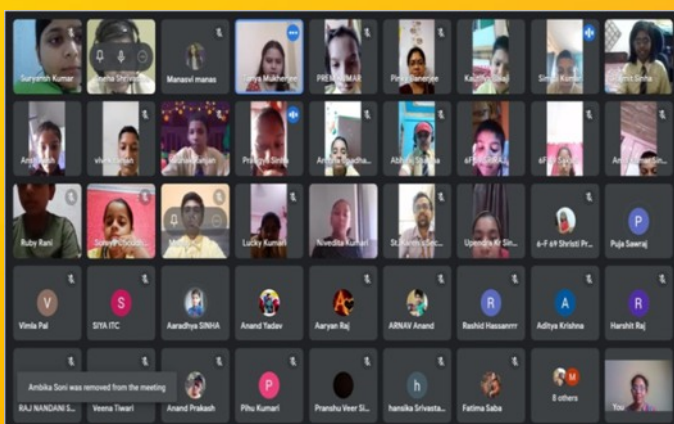
Van Mahotsav

July 5-12, 2021

Van Mahotsav is an annual tree planting festival celebrated in the first week of July. Our school organized a webinar from 5th July to 10th July 2021 to celebrate Van Mahotsav in association with Tarumitra, Digha Ghat, Patna an NGO dedicated to ensuring a greener future of the earth.

About two hundred students from our school attended the event along with our Principal Miss Marykutty Thomas and teachers. We were blessed with the presence of the founder and director of Tarumitra, Fr. Robert Athical along with the chief-coordinator of Student's Oxygen Movement, Ms. Devopriya Dutta.

The event started with the introductory speech by Flery Sajan of Std. 12. The main speakers of the event, Fr. Robert Athical and Ms. Devopriya Dutta shared numerous ideas and anecdotes on the subject of environmental conservation. Fr. Athical enlightened us with interesting information, like the Miyawaki method, which he described briefly. He also shared with us, the story of the foundation of Tarumitra, how an idea that sprouted in the head of 9th Std. student of Loyola High School, Anindo Banerjee, initiated an ecological revolution.



Continued...

Ms. Dutta introduced us to whole new world of simple and creative methods for saving our environment. From using 'seed bombs' for afforestation to using ash and starch as eco-friendly pest repellent for crops. These methods were simply spectacular. A presentation was also screened, displaying a number of Tarumitra's achievements.

Towards the end of this webinar, students asked some insightful questions, from various aspects of environmental conservation. Fr. Athical and Ms. Dutta delivered apt answers to these inquisitive minds. Finally, the event concluded with a closing speech by Shivani of Std. 10.



Continued...

Flery Sajan of Std. 12 hosted the doctors day virtual celebration. Naman Aditya of Std. 6, Anam Fatima of Std. 8 C and Krishna Kumar of Std. 9 delivered beautiful speeches appreciating the health care workers. Alia Raj of 12 C performed a spectacular dance dedicated to doctors. Ayush Anand of Std. 12, Maaz Ali of Std. 12, Shambavi Kriti of Std. 12 and Manas Kashyap of Std. 12 got an opportunity to have an online and offline interaction with Dr. Vivek Mishra, Dr. Reshma Raza, Dr. Azar Anwar and Dr. Sudhir Chandra Jha from the city.

During this activity the students interviewed the doctors and got valuable information regarding health and hygiene and thanked them for their dedicated services. The doctors also suggested some important steps to fight COVID-19. They also highlighted few preventative methods in order to keep oneself fit and healthy. All the students actively participated in this virtual celebration and thanked all the medical practitioners who are working tirelessly for all of us.

Click on the links to watch the videos:

[Doctor's Day Activities \(Std. 1-5\)](#)

[Doctor's Day Activities \(Std. 6-12\)](#)



Ayush Anand of Std. 12 C in an interview with Dr. Vivek Mishra

“Books and doors are the same thing. You open them, and you step into another world without moving your feet”.

Reading Activity



“Books are the quietest and most constant of friends; they are the most accessible and wisest of counsellors, and the most patient of teachers”.

Charles W. Eliot

Learning to read is about listening and understanding as well as working out what is printed on the page. Through hearing stories, children are exposed to a wide range of words. Reading is important because it develops our mind and gives us knowledge.

St. Karen's Secondary School, Patna, celebrated Reading Day on 29th July 2021 virtually. Students of standard 1-3 got the opportunity to read a story and share its moral. They took part in this activity with enthusiasm and presented the moral values by writing a beautiful book report briefly.

Aayu Gautam
Std. 2 D

Atushman Verma
Std 3 E

Simran Suman
Std. 2 B

Md. Atif Ali
Std. 3 C

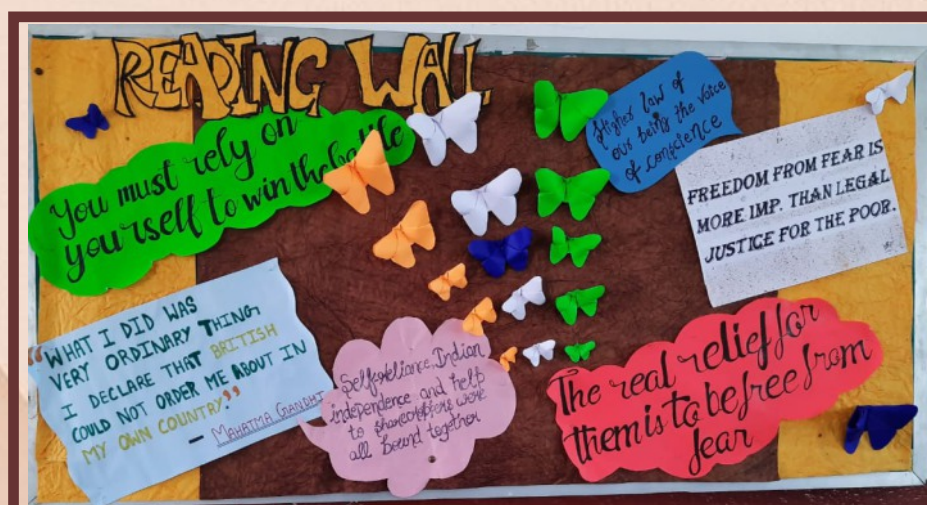
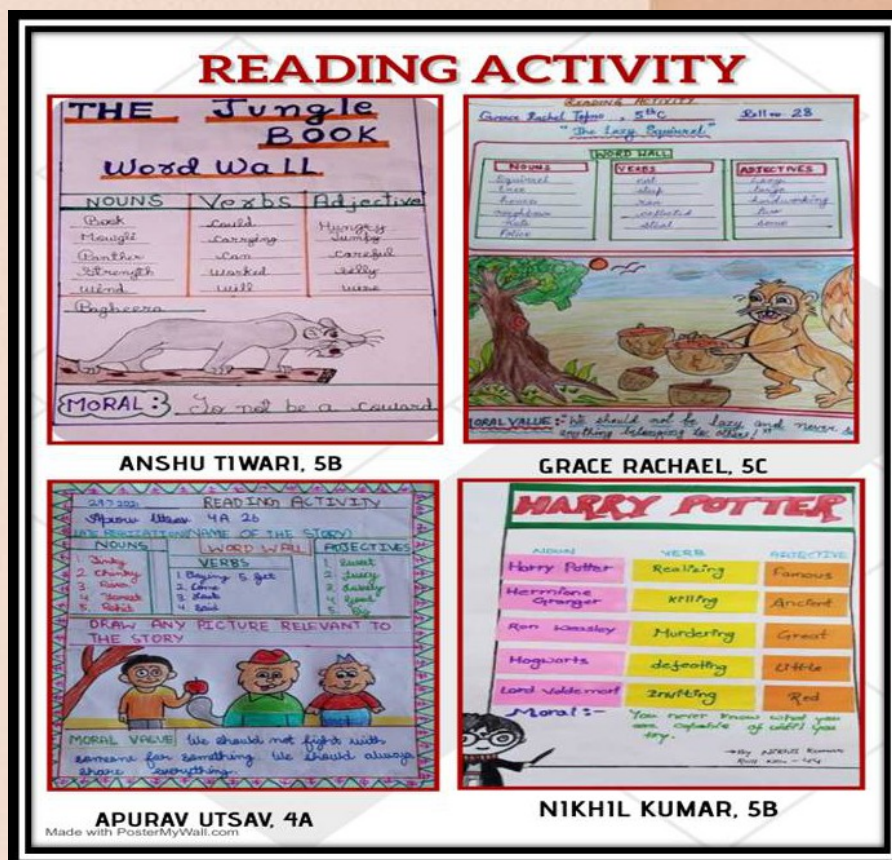


Continued...

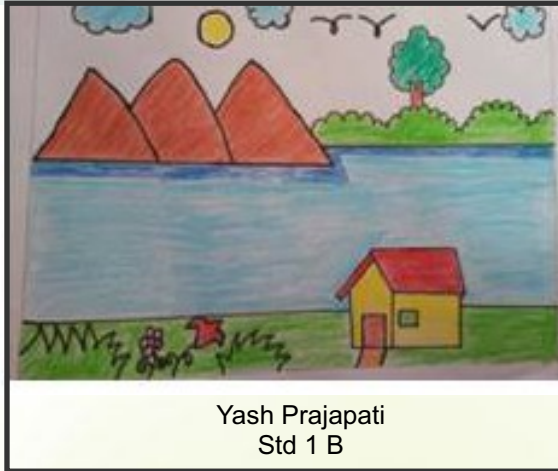
Students of standard 4-5 were asked to read any story book of their choice and prepare a Word Wall in A-4 size paper. It was really an interesting session. All the students participated in it very actively.

Students of standard 6-12 participated in an intra-class reading competition. Each class was divided into two groups. Through this activity every student made an effort to come forward and present their reading skills keeping in mind few parameters such as pronunciation, diction, voice modulation and expressions.

Through this reading activity students developed the skills required for reading in a better way. All of us celebrated this special day with enthusiasm, zeal and vigour.



Creativity at its Best



Yash Prajapati
Std 1 B



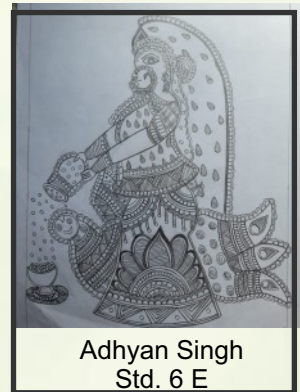
Vaishnavi
Std. 3 E



Pratik
Std 2 D



Sanskriti Pragma
Std. 8 A



Adhyan Singh
Std. 6 E



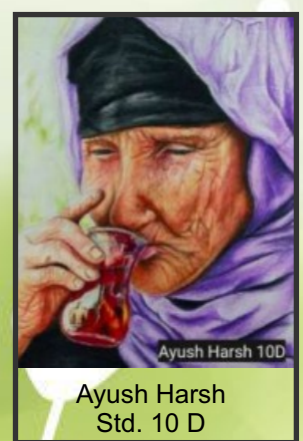
Megha Kumari
Std. 7 A



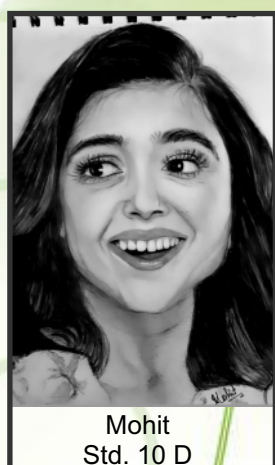
Tanya Shree
Std. 8 E



Sargam Verma
Std. 9 A



Ayush Harsh
Std. 10 D



Mohit
Std. 10 D

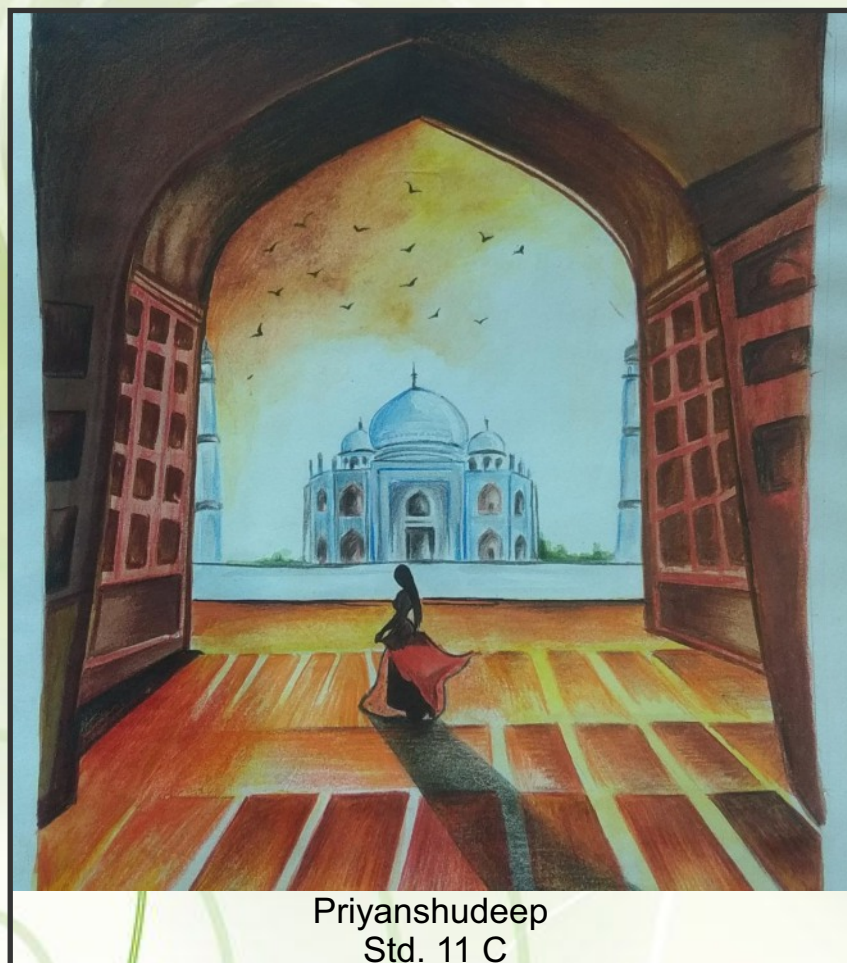


Pallavi
Std. 11 G



Akshita Sharma
12 E

Continued...



Priyanshudeep
Std. 11 C

Our School's Pride

"YOU WERE BORN TO WIN, BUT TO BE A WINNER, YOU MUST PLAN TO WIN, PREPARE TO WIN AND EXPECT TO WIN." ZIG ZIGLAR

Congratulations!

The Management, Staff and Students congratulate our CBSE Class 10th Toppers (2020-21)



SHREYA SINHA
98.6 %



PLAKSHA
SHRIVASTAVA 98.2 %



RITWEEK RAJ
98.0 %

Congratulations!

The Management, Staff and Students congratulate our CBSE Class 12th Toppers (2020-21)

PCM



SHRESHTHA
TIWARY 97.8 %



ABU TALHA 97 %



SUPRIYA
96.6 %



AYUSH RAJ
96.6 %

PCB



AMAN BHASKAR
97 %



SHREYA SONAL
96.6 %



ZEBHA KHALID
95 %

COMM



ISHANI MOHAN
90.6 %



AKASH KUMAR
GUPTA 90.4 %



OJASHVI KUMAR
89.8 %

We did it...



Editorial Board

Namira Arif - XI G
Riya Kumari - IX H
Samridhi Shankar - XI F
Shubam Kumar - XI F
Yeshika Suhin - IX A



Dear Readers,

Our team expresses our heartfelt thanks to you for taking the time out to go through this newsletter. Your encouragement inspires us. You can connect with us and write to us through ecare@stkarenssecondaryschool.com. Your valuable feedback will be much appreciated.

Thank You!